

Summer 2017 Menu Cannon Lane Primary School



| W/Comm- 17 April, 8 May, 5 June, 26 June, 17 July | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Main Option | Vegetarian Bolognese served with Pasta Twists | Cajun Chicken Pizza served with Herby Diced Potatoes | Roast Turkey served with Roast Potatoes, Stuffing and Gravy | Sweet 'n Sour Chicken served with Rice | Golden Fish Fingers served with Chips |
| Vegetarian Choice | Penne Arabiatta | Three Cheese Pizza served with Herby Diced Potatoes | Baked Vegetable Sausage served with Roast Potatoes and Gravy | Leek, Potato and Cheese Bake | Spring Vegetable Frittata served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Sliced Carrots and Cabbage | Garden Peas and Sweetcorn | Baton Carrots and Broccoli | Sweetcorn and Green Beans | Garden Peas and Baked Beans |
| Dessert | Iced Lemon Sponge | Oat and Raisin Cookie | Apple and Berry Crumble with Custard | Apple and Banana Crunch | Soft Scoop Vanilla Ice Cream |

| W/Comm- 24 April, 15 May, 12 June, 3 July | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Main Option | Ricotta Tortellini served with a Tomato and Basil Sauce | Turkey Lasagne served with Garlic Bread | Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy | Chinese Spiced Chicken and Vegetables served with Noodles | Breaded Fish Fillet served with Chips |
| Vegetarian Choice | Roasted Vegetables served with Pita Bread and Humous Dip | Sweet Potato and Lentil Curry served with Rice | Roast Quorn Fillet served with Roast Potatoes and Gravy | Macaroni Cheese | Spinach and Feta Pinwheel served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Baton Carrots and Green Beans | Peas and Sweetcorn | Cauliflower and Butternut Squash | Sweetcorn and Stir Fried Cabbage and Leeks | Garden Peas and Baked Beans |
| Dessert | Syrup Crispy Cake | Jam Tart and Custard | Mandarin and Orange Jelly | Lemon Shortbread | Apple and Raspberry Crumble Slice |

| W/Comm- 1 May, 22 May, 19 June, 10 July | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Main Option | Salmon and Broccoli Quiche served with Mashed Potato | Chicken Sausage Hot Dog | Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy | Mild Turkey Chilli Con Carne served with Rice | Golden Crumb Fish Cake served with Chips |
| Vegetarian Choice | Pesto Pasta Twists | Quorn Sausage Hot Dog | Cauliflower Cheese Bake served with Roast Potatoes | Roasted Vegetable Strudel served with New Potatoes | Vegetarian Enchilada served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Cauliflower and Garden Peas | Roasted Root Vegetables and Cabbage | Baton Carrots and Roast Parsnip | Sweetcorn and Green Beans | Garden Peas and Baked Beans |
| Dessert | Banana Bar | Sticky Toffee Pudding with Custard | Apple Flapjack | Cherry Pie with Custard | Cheese and Biscuits |

School lunch is provided by Pride Catering by Churchill and the menu is quality assured by Food for Life programme.

Also available every day is Freshly Baked Crusty Bread, Bio Yogurt, Fruit & Salad Selections.

For food allergy or special dietary requirements please speak to a member of staff.



Summer 2017 Menu Cannon Lane Primary School



Week 1

| W/Comm- 17 April, 8 May, 5 June, 26 June, 17 July | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Main Option | Vegetarian Bolognese served with Pasta Twists | Cajun Chicken Pizza served with Herby Diced Potatoes | Roast Turkey served with Roast Potatoes, Stuffing and Gravy | Sweet 'n Sour Chicken served with Rice | Golden Fish Fingers served with Chips |
| Vegetarian Choice | Penne Arabiatta | Three Cheese Pizza served with Herby Diced Potatoes | Baked Vegetable Sausage served with Roast Potatoes and Gravy | Leek, Potato and Cheese Bake | Spring Vegetable Frittata served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Sliced Carrots and Cabbage | Garden Peas and Sweetcorn | Baton Carrots and Broccoli | Sweetcorn and Green Beans | Garden Peas and Baked Beans |
| Dessert | Iced lemon Sponge | Oat and Raisin Cookie | Apple and Berry Crumble with Custard | Apple and Banana Crunch | Soft Scoop Vanilla Ice Cream |



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Summer 2017 Menu Cannon Lane Primary School



Week 2

| W/Comm- 24 April, 15 May, 12 June, 3 July | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Main Option | Ricotta Tortellini served with a Tomato and Basil Sauce | Turkey Lasagne served with Garlic Bread | Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy | Chinese Spiced Chicken and Vegetables served with Noodles | Breaded Fish Fillet served with Chips |
| Vegetarian Choice | Roasted Vegetables served with Pitta Bread and Humous Dip | Sweet Potato and Lentil Curry served with Rice | Roast Quorn Fillet served with Roast Potatoes and Gravy | Macaroni Cheese | Spinach and Feta Pinwheel served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Baton Carrots and Green Beans | Peas and Sweetcorn | Cauliflower and Butternut Squash | Sweetcorn and Stir Fried Cabbage and Leeks | Garden Peas and Baked Beans |
| Dessert | Syrup Crispy Cake | Jam Tart and Custard | Mandarin and Orange Jelly | Lemon Shortbread | Apple and Raspberry Crumble Slice |



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Summer 2017 Menu Cannon Lane Primary School



Week 3

| W/Comm- 1 May, 22 May, 19 June, 10 July | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Main Option | Salmon and Broccoli Quiche served with Mashed Potato | Chicken Sausage Hot Dog | Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy | Mild Turkey Chilli Con Carne served with Rice | Golden Crumb Fish Cake served with Chips |
| Vegetarian Choice | Pesto Pasta twists | Quorn Sausage Hot Dog | Cauliflower Cheese Bake served with Roast Potatoes | Roasted Vegetable Strudel served with New Potatoes | Vegetarian Enchilada served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Cauliflower and Garden Peas | Roasted Root Vegetables and Cabbage | Baton Carrots and Roast Parsnip | Sweetcorn and Green Beans | Garden Peas and Baked Beans |
| Dessert | Banana Bar | Sticky Toffee Pudding with Custard | Apple Flapjack | Cherry Pie with Custard | Cheese and Biscuits |



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Allergen Table Cannon Lane Primary School



| Week 1 | Peanut | Nuts | Milk | Soya | Mustard | Lupin | Eggs | Fish | Mollusc | Shellfish | Gluten | Sesame Seeds | Celery | Sulphur Dioxide |
|--|-------------|-------------|------|-------------|---------|-------|-------------|------|---------|-----------|--------------------|--------------|-------------|-----------------|
| Vegetarian Bolognese served with Pasta Twists | May contain | May contain | | y | | | | | | | y Barley, Wheat | May contain | y | |
| Penne Arabiatta | May contain | May contain | | May contain | | | | | | | y Wheat | May contain | y | May contain |
| Iced lemon Sponge | | | | May contain | | | y | | | | y Wheat | | | May contain |
| Cajun Chicken Pizza served with Herby Diced Potatoes | May contain | May contain | y | May contain | | | | | | | y Wheat | May contain | y | May contain |
| Three Cheese Pizza served with Herby Diced Potatoes | May contain | May contain | y | May contain | | | | | | | y Wheat | May contain | y | May contain |
| Oat and Raisin Cookie | May contain | May contain | | May contain | | | y | | | | y Oats, Wheat | May contain | May contain | May contain |
| Roast Turkey served with Roast Potatoes, Stuffing and Gravy | | | | | | | | | | | y Barley, Wheat | | | |
| Baked Vegetable Sausage served with Roast Potatoes and Gravy | | | | | | | | | | | y Wheat | | | |
| Apple and Berry Crumble with Custard | May contain | May contain | y | May contain | | | May contain | | | | y Oats, Wheat | May contain | May contain | May contain |
| Sweet 'n Sour Chicken served with Rice | May contain | May contain | | y | | | | | | | y Wheat | May contain | y | May contain |
| Leek, Potato and Cheese Bake | | | y | | | | | | | | | | y | |
| Apple and Banana Crunch | | | | | | | | | | | y Barley, Wheat | | | May contain |
| Golden Fish Fingers served with Chips | | | | | | | | y | | | y Wheat | | | |
| Spring Vegetable Frittata served with Chips | | | y | | | | y | | | | | | | |
| Soft Scoop Vanilla Ice Cream | | | y | | | | | | | | | | | |



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Allergen Table Cannon Lane Primary School



| Week 2 | Peanut | Nuts | Milk | Soya | Mustard | Lupin | Eggs | Fish | Mollusc | Shellfish | Gluten | Sesame Seeds | Celery | Sulphur Dioxide |
|--|-------------|-------------|------|-------------|---------|-------|-------------|------|---------|-----------|--------------------|--------------|-------------|-----------------|
| Ricotta Tortellini served with a Tomato and Basil Sauce | May contain | May contain | Y | May contain | | | Y | | | | Y Wheat | May contain | Y | May contain |
| Roasted Vegetables served with Pitta Bread and Humous Dip | | | | Y | | | | | | | Y Wheat | Y | | |
| Syrup Crispy Cake | | | | | | | | | | | Y Barley | | | May contain |
| Turkey Lasagne served with Garlic Bread | May contain | May contain | Y | May contain | | | | | | | Y Wheat | May contain | Y | May contain |
| Sweet Potato and Lentil Curry served with Rice | May contain | May contain | | May contain | | | | | | | May contain | May contain | May contain | |
| Jam Tart and Custard | | | Y | May contain | | | May contain | | | | Y Wheat | | | May contain |
| Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy | | | | | | | | | | | Y Barley, Wheat | | | |
| Roast Quorn Fillet served with Roast Potatoes and Gravy | | | | | | | Y | | | | | | | |
| Mandarin and Orange Jelly | | | | | | | | | | | | | | Y |
| Chinese Spiced Chicken and Vegetables served with Noodles | | | | Y | | | May contain | | | | Y Wheat | | Y | |
| Macaroni Cheese | | | Y | | | | | | | | Y Wheat | | Y | |
| Lemon Shortbread | | | | | | | Y | | | | Y Wheat | | | May contain |
| Breaded Fish Fillet served with Chips | | | | | | | | Y | | | Y Wheat | | | |
| Spinach and Feta Pinwheel served with Chips | May contain | May contain | Y | May contain | | | | | | | Y Wheat | May contain | Y | Y |
| Apple and Raspberry Crumble Slice | May contain | May contain | | May contain | | | | | | | Y Oats, Wheat | May contain | May contain | May contain |



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| Week 3 | Peanut | Nuts | Milk | Soya | Mustard | Lupin | Eggs | Fish | Mollusc | Shellfish | Gluten | Sesame Seeds | Celery | Sulphur Dioxide |
|--|-------------|-------------|------|-------------|---------|-------|-------------|------|---------|-----------|-------------------------------|--------------|-------------|-----------------|
| Salmon and Broccoli Quiche served with Masked Potato | | | y | | | | y | y | | | y Wheat | | | |
| Pesto Pasta twists | | | y | | | | | | | | y Wheat | | | |
| Banana Bar | May contain | May contain | y | May contain | | | y | | | | y Wheat | May contain | May contain | May contain |
| Chicken Sausage Hot Dog | | | | | | | | | | | y Wheat, Barley, Oats, Rye | May contain | y | y |
| Quorn Sausage Hot Dog | | | y | | | | y | | | | y Wheat | May contain | | May contain |
| Sticky Toffee Pudding with Custard | May contain | May contain | y | May contain | | | y | | | | y Wheat | May contain | May contain | May contain |
| Roast Chicken Thigh served with Roast Potatoes, Stuffing and Gravy | | | | | | | | | | | y Barley, Wheat | | | |
| Cauliflower Cheese Bake served with Roast Potatoes | | | y | | | | | | | | | | y | |
| Apple Flapjack | May contain | May contain | | May contain | | | | | | | y Oats | May contain | May contain | May contain |
| Mild Turkey Chilli Con Carne served with Rice | May contain | May contain | | May contain | | | | | | | y May contain | May contain | y | May contain |
| Roasted Vegetable Strudel served with New Potatoes | May contain | May contain | y | May contain | | | | | | | y Wheat | May contain | May contain | |
| Cherry Pie with Custard | | | y | May contain | | | May contain | | | | y Wheat | | | May contain |
| Golden Crumb Fish Cake served with Chips | | | | | | | | y | | | y Wheat | | | |
| Vegetarian Enchilada served with Chips | | | y | | | | | | | | y Wheat | | | May contain |
| Cheese and Biscuits | | | y | | | | | | | | y Wheat | | | |



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